During the "*Freedom From Ungodly Soul Ties*" session, we will be talking about two kinds of ungodly soul ties: *sexual soul ties* and *non-sexual soul ties*

In preparation for this session, please list below anyone you have been sexually intimate with outside of marriage. (You will not be sharing this list with anyone.) If you cannot remember a specific name, please do not worry. Write down what you do remember of the situation. (God knows who you are referring to.)

Also, non-sexual soul ties can often occur as a result of abusive, controlling and/or co-dependent relationships. In preparation for this session, please list any people (parents, mentors, friends, those you strongly admire, or with whom you have had a close or intimate relationship with) where one person dominates another in a manner not designed of God. If you feel controlled by someone or find yourself controlling someone else in any way, please write these names down. (More names may come to mind during the "Freedom From Ungodly Soul Ties" session, and that is ok!)

*If you need assistance or have any questions, please do not hesitate to contact us.

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Pray this before filling this out:

Lord, I pray in the name of Jesus that You would reveal to me any relationship (from my past or present) where an ungodly soul tie (sexual or non-sexual) has been created. In Jesus' Name I pray. Amen.